



MOFSC Training

24 June 2010

MOFSC Accredited Yachting Australia Training Programs

The Club conducts a range of sailing and power boat handling courses through our accredited coaches and instructors. The MOFSC offers a structured program from the beginner through to the elite level. Participants are nurtured through the various levels by highly-skilled instructors and qualified coaches. With regular assessments, an individual's progression is based on their personal achievements and ability.

1. LEARN TO SAIL

Get Into Small Boat Sailing (GISBS) (maximum 12 persons per course)

Get Into Small Boat Sailing (GISBS) is designed to progressively teach you how to sail, starting with the essential skills in the first Basic Skills course then leading into the advanced Racing Skills course where techniques are gradually introduced. All courses include a certificate and in addition the basic skills course includes a log book to record your sailing skills progress.

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|------------------------|------------------------|----------------------|
| • Basic Skills 1 and 2 | Cost: \$200 per adult | - non members: \$250 |
| • Basic Skills 2 and 2 | Cost: \$150 per junior | - non members: \$165 |
| • Better Sailing | Cost: \$75 | - non members: \$85 |
| • Racing Skills 1 | Cost: \$75 | - non members: \$85 |
| • Racing Skills 2 | Cost: \$75 | - non members: \$85 |

Discounts provided for more than one family member in each course.

2. RADIO VHF (maximum 8 persons per course)

The Marine Radio Operators Certificate of Proficiency Course will provide all candidates with a practical knowledge of the Global Maritime Distress Safety System and equipment which is appropriate to vessels operating in Australian waters. This course covers the use of both VHF and HF radio's and includes certification and a Marine Radio Operators Handbook.

Tuesday & Thursday
20, 22 July 2010
27, 29 July 2010

7.00 pm to 10.00 pm

Sunday
1 August 2010

8.30 am to 12.00 noon (*in the radio tower*)

Tuesday & Thursday
3, 5 August 2010

7.00 pm to 10.00 pm (*revision Tuesday exam Thursday*)

Cost: \$175 - non members: \$200



3. **RECREATIONAL SKIPPERS TICKET (RST)** (Maximum 12 persons per course)
Our aim is to ensure that all Boat owners and Recreational Skippers have the same level of understanding to make our waterways a safer environment for all.

Tuesday & Sunday *For assessment only*

17, 22 August 2010 Cost: \$150 - non members: \$165
(non members supply their own boat)

If you undertake the **NATIONAL POWER BOAT SCHEME** the assessment is included within the course cost for that course.

4. **NATIONAL POWER BOAT SCHEME** (Maximum 12 persons per course)
A more advanced course than the Recreational Skippers Ticket this prepares you for more serious boating and is a prerequisite to the Safety Boat Handling course detailed below.

Tuesday & Thursday Cost: \$275 - non members: \$330

10, 12 August 2010 7.00 pm to 10.00 pm

Saturday & Sunday

14, 15 August 2010 8.00 am to 4.30 pm (*bring your lunch*)

Plus the Recreational Skipper's Ticket assessment if required!
17, 22 August 2010

5. **SAFETY BOAT HANDLING** (maximum 14 persons)
This course is aimed at people with a desire to be in charge of a safety boat, particularly those who wish to assist their clubs with the control and support of racing programs and other training courses. The components of the course have been designed to develop the participant's knowledge and skills, and to apply this competently in actual boating activities.

31 August 2010

2 September 2010

4 September 2010

12 September 2010 Cost: \$80 - non members: \$90

6. **SENIOR FIRST AID** (2 day course - maximum 14 persons - 14yo+)
The flagship St John Ambulance first aid course covers a broad range of topics to enable participants to confidently manage emergency situations, providing care for the ill or injured until medical aid arrives. It is suitable to both people in workplaces and members of the public who want training in first aid.

1, 2 May 2010

19, 20 June 2010 Cost: \$125 - non members: \$140



- 7. KEEL BOAT SAILING COURSE** (maximum 4 persons)
This course is designed to provide quality training and in keelboats for day sailing, coastal cruising, bareboat chartering, navigation and offshore passage making.
- 22, 22, 23 May 2010
11, 12 & 13 June 2010 Cost: \$250 - non members: \$275
- 8. RACE OFFICERS COURSE**
A National Race Officer Course will be held at MOFSC in July, date to be confirmed, as part of Perth 2011 training.
- 10,11 July 2010
Frequency: On Demand Cost: Free
- 9. RESULTS OFFICERS COURSE**
A practical course designed to train people in the art of compiling race results.
- Frequency: On Demand Cost: Free

For further information on any of the courses listed here, please contact our office:

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