

Putting - Hit the Sweet Spot

By Dean O'Connell



There are so many of us that struggle on the putting surface. It seems ridiculous that we can hit a ball 250 metres in a single shot, but can't get it in the hole from 3 feet. Why is this?

There are so many varieties of putters in the market today, each with different shaped heads, necks, shafts and grips. But every putter, like all golf clubs, has a sweet spot. It is usually right in the centre of the putter face. I see so many golfers that struggle with putting who do not even hit the ball out of the middle of their putters, and therefore are not getting the maximum benefit from their flat stick. The majority of the time that you miss hit your putter the ball will roll short of the desired target. A good drill to check if you are hitting the centre of your putter, or to improve your consistency of the centre strike, is to tape two tees or match sticks to the face of your putter slightly wider than the width of a golf ball. Then go and spend 30 minutes on the putting green trying to hit the putt out of the centre of the club on each occasion. This drill can be done with different length putts to see what variations you notice.

Give it a go. I'm sure your consistency of centre strike with your putter will improve.

